



## Food is Medicine in Kansas: Virtual Learning Series

### Connecting Nutrition, Healthcare & Local Food Systems

Food is Medicine is a growing effort to unite healthcare and community partners around the power of food to improve health, reduce hunger, and strengthen local economies. Please join Hunger Free Kansas, in collaboration with the Sunflower Foundation and the Kansas Food Action Network (KFAN), for a 10-part virtual learning series examining Food is Medicine and how these models and services are taking shape across our state and the country.

Together, we'll explore how Kansas can continue to build sustainable, equitable, and evidence-based approaches that integrate nutritious food into healthcare, expand local food access, and create lasting systems change.

### Series at a Glance

#	Date	Session Topic
1	Oct. 29, 2025	Foundations of Food is Medicine
2	Nov. 19, 2025	Food is Medicine in Kansas: Landscape of Needs, Gaps & Opportunities
3	Dec. 17, 2025	Food as Healthcare: Evidence, Outcomes & Coverage Models
4	Jan. 28, 2026	Bridging Healthcare, Food is Medicine & Local Food Systems
5	Feb. 18, 2026	Strengthening Food is Medicine through the Charitable Food System
6	March 18, 2026	Role of Producers, Processors & Grocers in Food is Medicine
7	April 15, 2026	Improving Health Through Nutrition Education & Local Foods
8	May 20, 2026	Equity in Food is Medicine & Models for Target Populations
9	June 17, 2026	Measuring Impact & Building the Case for Food is Medicine in Kansas
10	July 15, 2026	Overview: Kansas' Food is Medicine Roadmap

\* Session topics and dates subject to change

Stay updated on future sessions and registration information by signing up for the Hunger Free Kansas Newsletter at  
[www.hungerfreakansas.org/get-involved](http://www.hungerfreakansas.org/get-involved)

For more information about the Food is Medicine Virtual Learning Series please visit  
[www.hungerfreakansas.org/food-is-medicine](http://www.hungerfreakansas.org/food-is-medicine) or contact Hunger Free Kansas at  
[connect@hungerfreakansas.org](mailto:connect@hungerfreakansas.org).

